

# HIGHLANDS PERFORMANCE VOLLEYBALL

COME TOGETHER

STAY TOGETHER

WORK TOGETHER

## PLAYER CODE & COMMITMENT FORM

*As a team member, I understand the importance of commitment to the team. My coach and team count on me to attend all practices, tournaments, team meetings and other team functions. If I am unable to attend, for any reason, I will communicate with my coach.*

### AS A PLAYER, I WILL:

- Play by the rules of volleyball
- Display fair play by treating all those involved in the match with dignity and respect
- Use positive verbal and physical behavior, controlling my temper and aggression
- Treat others as I would like to be treated
- Work hard and honestly to improve performance and participation
- Give true information concerning another individual's involvement in or knowledge of an incident relevant to a violation of the rules
- Participate in volleyball alcohol-free and drug-free
- Maintain a positive image of myself by participating for enjoyment

PLAYER NAME	
PLAYER EMAIL	PLAYER CELL
PLAYER SIGNATURE	DATE

Tell us about your previous volleyball experience, what you hope to achieve this season and what goals you have set for yourself . . .

### WAIVER STATEMENT

The undersigned states that he/she understands that Highlands Performance Volleyball is not and shall not be responsible for or liable for any illness or injury to person or damage to property resulting from the program in which the undersigned is enrolling or being enrolled or from his/her participation in said program. The participant and the undersigned, if the participant is a minor or under legal disability, hereby forever releases and holds harmless Highlands Performance Volleyball, its employees, coaches, agents and administrators or assigns for any injury, damage or claim resulting from participation in said program. I HAVE READ AND UNDERSTAND THE WAIVER STATEMENT.

\_\_\_\_\_  
Signature of Participant's Parent/Guardian (registration invalid without signature)

\_\_\_\_\_  
Date

Questions: Email [randy@highlandspperformancevb.com](mailto:randy@highlandspperformancevb.com)